Social Work Courses

Courses

SOWK 5178. Independent Study.
Students will engage in independent work for one credit through one of three pathways: state of the art study, participate in research, or complete additional practicum hours. Restricted to Majors of MSW.
Departments: Social Work
1 Credit Hour
5.333 Total Contact Hours
0 Lab Hours
0 Lecture Hours
5.333 Other Hours
Major Restrictions:
Restricted to majors of SOWK

SOWK 5278. Independent Study.
Students will engage in independent work for one credit through one of three pathways: state of the art study, participate in research, or complete additional practicum hours. Restricted to Majors of MSW.
Departments: Social Work
2 Credit Hours
10.666 Total Contact Hours
0 Lab Hours
0 Lecture Hours
10.666 Other Hours

Introduction to human service delivery systems in the U.S. with an emphasis on the social work profession, its mission, philosophy, ethics, and diverse fields. Restricted to MSW students.
Departments: Social Work
3 Credit Hours
3 Total Contact Hours
0 Lab Hours
3 Lecture Hours
0 Other Hours
Major Restrictions:
Restricted to majors of SOWK

SOWK 5311. Human Behav in Soc Wk Envir I.
This course will contribute to the generalist social worker's ability to understand and critically analyze the interactions among families, groups, organizations, and communities. Restricted to MSW students.
Departments: Social Work
3 Credit Hours
3 Total Contact Hours
0 Lab Hours
3 Lecture Hours
0 Other Hours

SOWK 5312. Human Behav in Soc Wk Envir II.
In this course, students will gain an understanding of what physical, mental, social, and economic justice hazards can adversely impact an individual's growth and development during their lifetime. Restricted to MSW students.
Departments: Social Work
3 Credit Hours
3 Total Contact Hours
0 Lab Hours
3 Lecture Hours
0 Other Hours
SOWK 5313. Research Project.
Requires that students apply knowledge of the research process through active participation in an original research project under the direction of the course instructor. Restricted to MSW students.

Department: Social Work
3 Credit Hours
3 Total Contact Hours
0 Lab Hours
3 Lecture Hours
0 Other Hours

Major Restrictions:
Restricted to majors of SOWK

SOWK 5315. Clinical Assessment.
An introduction to competency-based assessment of psychological disorders, substance abuse disorders, the ecological perspective on mental health and the bio-psychosocial framework for assessment and intervention. Restricted to MSW students.

Department: Social Work
3 Credit Hours
3 Total Contact Hours
0 Lab Hours
3 Lecture Hours
0 Other Hours

SOWK 5316. Culturally Grounded Social Wk.
This course covers emerging trends in cultural competence and adaptation, and the culturally-grounded perspective from a standpoint of intersectionality. Students will examine the impact of discrimination, oppression, and economic deprivation on disenfranchised populations and theoretical and historical perspectives on racism, sexism, heterosexism, classism, ageism, ableism, and other forms of discrimination and powerlessness with an emphasis on social work in the U.S.-Mexico Border region. Students will develop awareness of their own culture and attitudes, beliefs, and responses to diversity within the context of professional social work values and culturally responsive practice.

Department: Social Work
3 Credit Hours
3 Total Contact Hours
0 Lab Hours
3 Lecture Hours
0 Other Hours

Major Restrictions:
Restricted to majors of SOWK

SOWK 5320. Assessment & Interv in Spanish.
The development of skills and a theoretical basis for advanced social work practice with Spanish dominant clients using the Spanish language and conducting assessments and interventions that are culturally and linguistically competent.

Department: Social Work
3 Credit Hours
3 Total Contact Hours
0 Lab Hours
3 Lecture Hours
0 Other Hours

SOWK 5330. Social Work Practice I.
Develops knowledge, values, and skills in the application of practice theory including the use of professional communication skills in engagement, assessment, intervention, and termination in work with diverse individuals. Restricted to MSW students.

Department: Social Work
3 Credit Hours
3 Total Contact Hours
0 Lab Hours
3 Lecture Hours
0 Other Hours
SOWK 5331. SOWK Theory & Pract w/Indiv.
This course will assist students in developing knowledge, values, and skills in the application of theory and practice, including the use of professional communication skills in engagement, assessment, intervention, and termination in work with diverse individuals. Prerequisite: Departmental approval required. Restricted to majors of SOWK.

Department: Social Work

3 Credit Hours
3 Total Contact Hours
0 Lab Hours
3 Lecture Hours
0 Other Hours

Major Restrictions:
Restricted to majors of SOWK

SOWK 5332. SOWK Theory & Pract w/Families.
This course continues to build on the series of theory and practice courses to advance their knowledge and skills in family social work practice. This course will focus on specific interventions in the assessment and treatment of family problems within a border context. Students will examine theories related to family systems and family therapy. Prerequisites: SOWK 5331 with a grade of "B" or better; may be taken concurrently. Departmental approval also required. Restricted to majors of SOWK.

Department: Social Work

3 Credit Hours
3 Total Contact Hours
0 Lab Hours
3 Lecture Hours
0 Other Hours

Major Restrictions:
Restricted to majors of SOWK

Prerequisite(s): (SOWK 5333 w/B or better)

SOWK 5333. SOWK Theory & Pract w/Groups.
This course builds upon the generalist practice course series to expand student's knowledge and practice skills in social work group theory and practice. Using an evidence based practice lens, students will expand their group practice skills and knowledge with clients in various social work settings. Students will critically examine how race, culture, gender, class, and stressors influence the group process. Prerequisites: SOWK 5332 with a grade of "B" or better; may be taken concurrently. Departmental approval also required. Restricted to majors of SOWK.

Department: Social Work

3 Credit Hours
3 Total Contact Hours
0 Lab Hours
3 Lecture Hours
0 Other Hours

Major Restrictions:
Restricted to majors of SOWK

Prerequisite(s): (SOWK 5331 w/B or better)

SOWK 5335. Foundation Practicum I.
Foundation Practicum I (0-1-15) The first foundation practicum course in which students participate in planned direct practice experience and integrative seminar that integrates knowledge of theory, practice skills, continued development of social work perspective, attitudes, ethics and values in social work practice in the border region. Restricted to MSW students.

Department: Social Work

3 Credit Hours
16 Total Contact Hours
1 Lab Hour
0 Lecture Hours
15 Other Hours
SOWK 5336. Foundation Practicum II.
Foundation Practicum II (0-1-15) The second foundation practicum course in which students participate in planned direct practice experience and an integrative seminar that integrates knowledge of theory, practice skills, continued development of social work perspective, attitudes, ethics and values in social work practice in the border region. Restricted to MSW students.
Department: Social Work
3 Credit Hours
16 Total Contact Hours
1 Lab Hour
0 Lecture Hours
15 Other Hours

SOWK 5337. Foundation Intensive Practicum I.
Foundation Intensive Practicum I (0-1-15) is an alternative course option to SOWK 5335. It is the first foundation practicum course in which students participate in planned direct practice experience and integrative seminar that integrates knowledge of theory, practice skills, continued development of social work perspective, attitudes, ethics and values in social work practice in the border region. In addition, students participate in weekly supervision provided by a faculty member eligible to provide supervision as per CSWE criteria.
Department: Social Work
3 Credit Hours
15 Total Contact Hours
0 Lab Hours
0 Lecture Hours
15 Other Hours

SOWK 5338. Foundation Intensive Practicum II.
Foundation Intensive Practicum II (0-1-15) is an alternative course option to SOWK 5336. It is the second foundation practicum course in which students participate in planned direct practice experience and integrative seminar that integrates knowledge of theory, practice skills, continued development of social work perspective, attitudes, ethics and values in social work practice in the border region. In addition, students participate in weekly supervision provided by a faculty member eligible to provide supervision as per CSWE criteria.
Department: Social Work
3 Credit Hours
16 Total Contact Hours
1 Lab Hour
0 Lecture Hours
15 Other Hours

SOWK 5340. Social Work Practice II.
Uses social work knowledge, values, and skills in the application of practice theory to work with families and groups, with particular emphasis on work with families in border regions. Restricted to MSW students.
Department: Social Work
3 Credit Hours
3 Total Contact Hours
0 Lab Hours
3 Lecture Hours
0 Other Hours

SOWK 5345. Advanced Practicum I.
Advanced Practicum I (0-1-15) The first advanced practicum course in which students participate in planned direct practice experience and an integrative seminar that integrates advanced social work knowledge of theory, practice skills, continued development of social work perspective, attitudes, ethics and values in the border region setting. Restricted to MSW students.
Department: Social Work
3 Credit Hours
16 Total Contact Hours
1 Lab Hour
0 Lecture Hours
15 Other Hours
SOWK 5346. Advanced Practicum II.
Advanced Social Work Practicum II (0-1-15) The first advanced practicum course in which students participate in planned direct practice experience and an integrative seminar that integrates advanced social work knowledge of theory, practice skills, continued development of social work perspective, attitudes, ethics and values in the border region setting. Restricted to MSW students.
Department: Social Work
3 Credit Hours
16 Total Contact Hours
1 Lab Hour
0 Lecture Hours
15 Other Hours

SOWK 5347. Advanced Intensive Pract I.
Advanced Intensive Practicum I (0-1-15) is an alternative course option to 5345. It is the first advanced practicum course in which students participate in planned direct practice experience and an integrative seminar that integrates advanced social work knowledge of theory, practice skills, continued development of social work perspective, attitudes, ethics and values in the border region setting. In addition, students participate in weekly supervision provided by a faculty member eligible to provide supervision as per CSWE criteria.
Department: Social Work
3 Credit Hours
16 Total Contact Hours
1 Lab Hour
0 Lecture Hours
15 Other Hours

SOWK 5348. Advanced Intensive Pract II.
Advanced Intensive Practicum II (0-1-15) is an alternative course option to 5346. It is the second advanced practicum course in which students participate in planned direct practice experience and an integrative seminar that integrates advanced social work perspectives, attitudes, ethics and values in the border region setting. In addition students participate in weekly supervision provided by a faculty member eligible to provide supervision as per CSWE criteria.
Department: Social Work
3 Credit Hours
16 Total Contact Hours
1 Lab Hour
0 Lecture Hours
15 Other Hours

SOWK 5357. Social Policy I.
Course is designed to provide students with the ability to analyze contemporary social welfare policy issues and programs to understand the relationship between social policy and social work practice. Restricted to MSW students.
Department: Social Work
3 Credit Hours
3 Total Contact Hours
0 Lab Hours
3 Lecture Hours
0 Other Hours
Major Restrictions:
Restricted to majors of SOWK

SOWK 5358. Risk & Resilience in Families.
Principles, processes, policies, and practices in the promotion of the resilience and the reduction of risk in families across the life span. Restricted to MSW students.
Department: Social Work
3 Credit Hours
3 Total Contact Hours
0 Lab Hours
3 Lecture Hours
0 Other Hours
SOWK 5360. Social Policy II.
This course focuses on the process and analysis of social policy development, including identification, selection, implementation, and evaluation. The course will include advanced content on policy advocacy. Restricted to MSW students.

**Department:** Social Work  
**3 Credit Hours**  
**3 Total Contact Hours**  
0 Lab Hours  
3 Lecture Hours  
0 Other Hours  

**Major Restrictions:**  
Restricted to majors of SOWK

Uses ecological theory, stressing a bio-psychosocial approach to practice, taking into account the entire person in his/her unique environment. Restricted to MSW students.

**Department:** Social Work  
**3 Credit Hours**  
**3 Total Contact Hours**  
0 Lab Hours  
3 Lecture Hours  
0 Other Hours

SOWK 5367. Social Work with LGBTQI.
Social Work with the LGBTQI Community This course focuses on providing information and skills to allow social workers to provide culturally competent service to lesbian, gay, bisexual, transgender, queer, and intersex individuals in the border region. This course will provide students with advanced social work knowledge, skills, and values needed for practice with sexual minority populations at the individual, family, group, organization, and community levels. Students learn about the history and contemporary mechanisms of oppression constraining people of marginalized gender identities and sexual identities in order to create social change and promote social justice in practice settings and policy work.

**Department:** Social Work  
**3 Credit Hours**  
**3 Total Contact Hours**  
0 Lab Hours  
3 Lecture Hours  
0 Other Hours

SOWK 5370. Social Work Research.
Presents an overview of evidence-based social work practice, including assessing, evaluation, and use in practice of existing, original research data and processes for designing and conducting research projects. Restricted to MSW students.

**Department:** Social Work  
**3 Credit Hours**  
**3 Total Contact Hours**  
0 Lab Hours  
3 Lecture Hours  
0 Other Hours  

**Major Restrictions:**  
Restricted to majors of SOWK

Using a bio-psychosocial approach in assessment and intervention with the elderly. The course presents social work roles and models for assessment and intervention with the client and his/her support system. Restricted to MSW students.

**Department:** Social Work  
**3 Credit Hours**  
**3 Total Contact Hours**  
0 Lab Hours  
3 Lecture Hours  
0 Other Hours  

**Major Restrictions:**  
Restricted to majors of SOWK
SOWK 5378. Independent Study.
Students will engage in independent work through one of three pathways: state-of-the-art study, participate in research, or do additional practicum hours. Restricted to MSW students.
Department: Social Work
3 Credit Hours
3 Total Contact Hours
0 Lab Hours
0 Lecture Hours
3 Other Hours

SOWK 5379. Soc Wk with Military Families.
Students will gain familiarity with the issues and resources available to address issues of individuals and families affiliated with the US military. Formal and informal military structures, including benefits structures, military culture, active duty, reserve and retired military structures will be explored. The history of social work within the military will be examined. Issues members of the military or military families may present to social service workers will be examined. Issues related to discrimination and oppression within the military will be discussed. Ethical concerns that emerge from social work practice with military families will be addressed.
Department: Social Work
3 Credit Hours
3 Total Contact Hours
0 Lab Hours
3 Lecture Hours
0 Other Hours

An introduction to social work in a multi-cultural, international region, with emphasis on social work with Hispanic families. A review of social development on the U.S.-Mexico border. Restricted to MSW students.
Department: Social Work
3 Credit Hours
3 Total Contact Hours
0 Lab Hours
3 Lecture Hours
0 Other Hours

SOWK 5381. Multicultural Macro Practice I.
This first of a two-semester course sequence builds on the generalist foundation, providing advanced knowledge and skills in macro-level practice to prepare for leadership roles in communities and organizations. The first semester focuses on cross-cutting skills relevant to all macro practice domains. Restricted to MSW students.
Department: Social Work
3 Credit Hours
3 Total Contact Hours
0 Lab Hours
3 Lecture Hours
0 Other Hours

SOWK 5382. Multicultural Macro Practice II.
This second of a two-semester course sequence builds on the generalist foundation, providing advanced knowledge and skills in macro-level practice to prepare for leadership roles in communities and organizations. The second semester focuses on two of the major domains of practice (Community Organizing and Human Services Management), applying knowledge and skills in the first semester to practice in these domains. Restricted to MSW students.
Department: Social Work
3 Credit Hours
3 Total Contact Hours
0 Lab Hours
3 Lecture Hours
0 Other Hours
Major Restrictions:
Restricted to majors of SOWK
SOWK 5383. SOWK Th & Pract-Hum Srv Org.
The course provides advanced knowledge and skills to prepare social workers for practice within human service organizations. The content is framed within a strengths perspective that recognizes the importance of social work values and our mission of promoting social and economic justice in the US-Mexico Border region. Students will examine social work roles within organizations, examine how values and ethics undergird organizational practice, and develop skills in assessment and intervention strategies at the organizational level of practice. Prerequisite: SOWK 5333 with a grade of "C" or better. Departmental approval also required. Restricted to majors of SOWK.

Department: Social Work
3 Credit Hours
3 Total Contact Hours
0 Lab Hours
3 Lecture Hours
0 Other Hours
Major Restrictions:
Restricted to majors of SOWK

Prerequisite(s): (SOWK 5333 w/C or better)

SOWK 5385. Administration & Supervision.
An introduction to social work supervision and administration. Emphasis on leadership and oversight of agencies and social work staff. Theory and practice of social work supervision. Restricted to MSW students.

Department: Social Work
3 Credit Hours
3 Total Contact Hours
0 Lab Hours
3 Lecture Hours
0 Other Hours
Major Restrictions:
Restricted to majors of SOWK

The first of two foundation courses in which students have the opportunity to integrate social work theory and practice for effective professional intervention in generalist practice with individuals, families, groups and human service agencies and organizations.

Department: Social Work
3 Credit Hours
3 Total Contact Hours
0 Lab Hours
3 Lecture Hours
0 Other Hours

An in-depth study of international social work and social welfare emphasizing global poverty, income inequality, women in development, human rights, and human trafficking. Restricted to MSW students.

Department: Social Work
3 Credit Hours
3 Total Contact Hours
0 Lab Hours
3 Lecture Hours
0 Other Hours

SOWK 5670. Foundation Social Work Practm.
Course provides foundation students with the opportunity to integrate social work theory and practice for effective professional intervention in direct practice with individuals, families, groups, agencies, and organizations. Restricted to MSW students.

Department: Social Work
6 Credit Hours
32 Total Contact Hours
0 Lab Hours
0 Lecture Hours
32 Other Hours