

# Social Work Courses

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## Courses

**SOWK 5178. Independent Study.**

Students will engage in independent work for one credit through one of three pathways: state of the art study, participate in research, or complete additional practicum hours.

**Department:** Social Work

**1 Credit Hour**

**5.333 Total Contact Hours**

0 Lab Hours

0 Lecture Hours

5.333 Other Hours

**Major Restrictions:**

Restricted to majors of SOWK

**SOWK 5300. The Social Work Profession.**

Introduction to human service delivery systems in the U.S. with an emphasis on the social work profession, its mission, philosophy, ethics, and diverse fields.

**Department:** Social Work

**3 Credit Hours**

**3 Total Contact Hours**

0 Lab Hours

3 Lecture Hours

0 Other Hours

**Major Restrictions:**

Restricted to majors of SOWK

**SOWK 5313. Research Project.**

Requires that students apply knowledge of the research process through active participation in an original research project under the direction of the course instructor.

**Department:** Social Work

**3 Credit Hours**

**3 Total Contact Hours**

0 Lab Hours

3 Lecture Hours

0 Other Hours

**Major Restrictions:**

Restricted to majors of SOWK

**SOWK 5315. Clinical Assessment.**

An introduction to competency-based assessment of psychological disorders, substance abuse disorders, the ecological perspective on mental health and the bio-psychosocial framework for assessment and intervention.

**Department:** Social Work

**3 Credit Hours**

**3 Total Contact Hours**

0 Lab Hours

3 Lecture Hours

0 Other Hours

**SOWK 5316. Culturally Grounded Social Wk.**

This course covers emerging trends in cultural competence and adaptation, and the culturally-grounded perspective from a standpoint of intersectionality. Students will examine the impact of discrimination, oppression, and economic deprivation on disenfranchised populations and theoretical and historical perspectives on racism, sexism, heterosexism, classism, ageism, ableism, and other forms of discrimination and powerlessness with an emphasis on social work in the U.S.-Mexico Border region. Students will develop awareness of their own culture and attitudes, beliefs, and responses to diversity within the context of professional social work values and culturally responsive practice.

**Department:** Social Work

**3 Credit Hours**

**3 Total Contact Hours**

0 Lab Hours

3 Lecture Hours

0 Other Hours

**Major Restrictions:**

Restricted to majors of SOWK

**SOWK 5331. SOWK Theory & Pract w/Indiv.**

This course will assist students in developing knowledge, values, and skills in the application of theory and practice, including the use of professional communication skills in engagement, assessment, intervention, and termination in work with diverse individuals.

**Department:** Social Work

**3 Credit Hours**

**3 Total Contact Hours**

0 Lab Hours

3 Lecture Hours

0 Other Hours

**Major Restrictions:**

Restricted to majors of SOWK

**SOWK 5332. SOWK Theory & Pract w/Families.**

This course continues to build on the series of theory and practice courses to advance their knowledge and skills in family social work practice. This course will focus on specific interventions in the assessment and treatment of family problems within a border context. Students will examine theories related to family systems and family therapy.

**Department:** Social Work

**3 Credit Hours**

**3 Total Contact Hours**

0 Lab Hours

3 Lecture Hours

0 Other Hours

**Major Restrictions:**

Restricted to majors of SOWK

**Prerequisite(s):** (SOWK 5333 w/B or better)

**SOWK 5333. SOWK Theory & Pract w/Groups.**

This course builds upon the generalist practice course series to expand student's knowledge and practice skills in social work group theory and practice. Using an evidence based practice lens, students will expand their group practice skills and knowledge with clients in various social work settings. Students will critically examine how race, culture, gender, class, and stressors influence the group process.

**Department:** Social Work

**3 Credit Hours**

**3 Total Contact Hours**

0 Lab Hours

3 Lecture Hours

0 Other Hours

**Major Restrictions:**

Restricted to majors of SOWK

**Prerequisite(s):** (SOWK 5331 w/B or better)

**SOWK 5335. Foundation Practicum I.**

The first foundation practicum course in which students participate in planned direct practice experience and integrative seminar that integrates knowledge of theory, practice skills, continued development of social work perspective, attitudes, ethics and values in social work practice in the border region.

**Department:** Social Work

**3 Credit Hours**

**16 Total Contact Hours**

1 Lab Hour

0 Lecture Hours

15 Other Hours

**SOWK 5336. Foundation Practicum II.**

The second foundation practicum course in which students participate in planned direct practice experience and an integrative seminar that integrates knowledge of theory, practice skills, continued development of social work perspective, attitudes, ethics and values in social work practice in the border region.

**Department:** Social Work

**3 Credit Hours**

**16 Total Contact Hours**

1 Lab Hour

0 Lecture Hours

15 Other Hours

**SOWK 5345. Advanced Practicum I.**

The first advanced practicum course in which students participate in planned direct practice experience and an integrative seminar that integrates advanced social work knowledge of theory, practice skills, continued development of social work perspective, attitudes, ethics and values in the border region setting.

**Department:** Social Work

**3 Credit Hours**

**16 Total Contact Hours**

1 Lab Hour

0 Lecture Hours

15 Other Hours

**SOWK 5346. Advanced Practicum II.**

Advanced Social Work Practicum II The first advanced practicum course in which students participate in planned direct practice experience and an integrative seminar that integrates advanced social work knowledge of theory, practice skills, continued development of social work perspective, attitudes, ethics and values in the border region setting.

**Department:** Social Work

**3 Credit Hours**

**16 Total Contact Hours**

1 Lab Hour

0 Lecture Hours

15 Other Hours

**SOWK 5357. Social Policy I.**

Course is designed to provide students with the ability to analyze contemporary social welfare policy issues and programs to understand the relationship between social policy and social work practice.

**Department:** Social Work

**3 Credit Hours**

**3 Total Contact Hours**

0 Lab Hours

3 Lecture Hours

0 Other Hours

**Major Restrictions:**

Restricted to majors of SOWK

**SOWK 5360. Social Policy II.**

This course focuses on the process and analysis of social policy development, including identification, selection, implementation, and evaluation. The course will include advanced content on policy advocacy.

**Department:** Social Work

**3 Credit Hours**

**3 Total Contact Hours**

0 Lab Hours

3 Lecture Hours

0 Other Hours

**Major Restrictions:**

Restricted to majors of SOWK

**SOWK 5370. Social Work Research.**

Presents an overview of evidence-based social work practice, including assessing, evaluation, and use in practice of existing, original research data and processes for designing and conducting research projects.

**Department:** Social Work

**3 Credit Hours**

**3 Total Contact Hours**

0 Lab Hours

3 Lecture Hours

0 Other Hours

**Major Restrictions:**

Restricted to majors of SOWK

**SOWK 5375. Social Work & the Aging.**

Using a bio-psycho-social approach in assessment and intervention with the elderly. The course presents social work roles and models for assessment and intervention with the client and his/her support system.

**Department:** Social Work

**3 Credit Hours**

**3 Total Contact Hours**

0 Lab Hours

3 Lecture Hours

0 Other Hours

**Major Restrictions:**

Restricted to majors of SOWK

**SOWK 5378. Independent Study.**

Students will engage in independent work through one of three pathways: state-of-the-art study, participate in research, or do additional practicum hours.

**Department:** Social Work

**3 Credit Hours**

**3 Total Contact Hours**

0 Lab Hours

0 Lecture Hours

3 Other Hours

**SOWK 5379. Soc Wk with Military Families.**

Students will gain familiarity with the issues and resources available to address issues of individuals and families affiliated with the US military. Formal and informal military structures, including benefits structures, military culture, active duty, reserve and retired military structures will be explored. The history of social work within the military will be examined. Issues members of the military or military families may present to social service workers will be examined. Issues related to discrimination and oppression within the military will be discussed. Ethical concerns that emerge from social work practice with military families will be addressed.

**Department:** Social Work

**3 Credit Hours**

**3 Total Contact Hours**

0 Lab Hours

3 Lecture Hours

0 Other Hours

**SOWK 5380. Social Work in the Bdr Regn.**

An introduction to social work in a multi-cultural, international region, with emphasis on social work with Hispanic families. A review of social development on the U.S.-Mexico border.

**Department:** Social Work

**3 Credit Hours**

**3 Total Contact Hours**

0 Lab Hours

3 Lecture Hours

0 Other Hours

**SOWK 5382. Multicultural Macro Practice II.**

This second of a two-semester course sequence builds on the generalist foundation, providing advanced knowledge and skills in macro-level practice to prepare for leadership roles in communities and organizations. The second semester focuses on two of the major domains of practice (Community Organizing and Human Services Management), applying knowledge and skills in the first semester to practice in these domains.

**Department:** Social Work

**3 Credit Hours**

**3 Total Contact Hours**

0 Lab Hours

3 Lecture Hours

0 Other Hours

**Major Restrictions:**

Restricted to majors of SOWK

**SOWK 5383. SOWK Th & Pract-Hum Srv Org.**

The course provides advanced knowledge and skills to prepare social workers for practice within human service organizations. The content is framed within a strengths perspective that recognizes the importance of social work values and our mission of promoting social and economic justice in the US-Mexico Border region. Students will examine social work roles within organizations, examine how values and ethics undergird organizational practice, and develop skills in assessment and intervention strategies at the organizational level of practice.

**Department:** Social Work

**3 Credit Hours**

**3 Total Contact Hours**

0 Lab Hours

3 Lecture Hours

0 Other Hours

**Major Restrictions:**

Restricted to majors of SOWK

**Prerequisite(s):** (SOWK 5333 w/C or better)

**SOWK 5385. Administration & Supervision.**

An introduction to social work supervision and administration. Emphasis on leadership and oversight of agencies and social work staff. Theory and practice of social work supervision.

**Department:** Social Work

**3 Credit Hours**

**3 Total Contact Hours**

0 Lab Hours

3 Lecture Hours

0 Other Hours

**Major Restrictions:**

Restricted to majors of SOWK

**SOWK 5393. Special Issues in Social Work.**

The first of two foundation courses in which students have the opportunity to integrate social work theory and practice for effective professional intervention in generalist practice with individuals, families, groups and human service agencies and organizations.

**Department:** Social Work

**3 Credit Hours**

**3 Total Contact Hours**

0 Lab Hours

3 Lecture Hours

0 Other Hours