

Minor in Nutrition

The Minor in Nutrition gives students a basic understanding of human nutritional requirements and the role of nutrition in health. It is directed towards students who are interested in enhancing their majors with increased knowledge of human nutrition. The minor also provides a background for enhanced employment opportunities with governmental and non-governmental agencies that require a minor or concentration in nutrition. It also helps to provide a solid knowledge base in nutrition for students planning to pursue future careers in the health professions or graduate education in the health sciences.

Degree Plan

Code	Title	Hours
HSCI 2302	Fundamentals of Nutrition	3
HSCI 3312	Theories & Meth of Hlth Behav	3
HSCI 3316	Community Nutrition	3
HSCI 3323	Nutrition Thru the Life Cycle	3
HSCI 4322	Nutritional Assessment	3
Elective Options		
Select three hours from the courses below:		3
HSCI 3322	Sports Nutrition	
HSCI 3324	Applied Culinary Nutrition	
Total Hours		18